Reach for Resilience

Helpline for ND Healthcare Workers

Call us at 701-365-4920

Identify yourself as a healthcare worker

Individual support
- Clarify concerns and guide you to Behavioral Health Resources.

Organization Outreach
- Share Best Practices for Resilience through:
  - Monthly Newsletters
  - Resource Flyers
  - Webinars

We’re here 24/7
- Thanks to our partnership with FirstLink
- If you’re in immediate crisis, call the Suicide Prevention Lifeline: 1-800-273-8255

Our website is currently under construction

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