Opioid Stewardship Program

Chris Meeker, M.D.
Chief Medical Officer
Sanford Bismarck
Overview

• Sanford opioid education program
• Orthopedics opioid reduction initiative
• Ongoing prescriber assistance
Opioid Reduction

Percent Decrease in Rx Count
Percent Decrease in Tab Count
Discharge Opioids on Orthopedic Ordersets

3 month follow-up data after pain panel changes, which included
• Reordering selections (non-opioids on top, opioids beneath)
• Defaulting opioid Rx tablet count = 20 pills
-Defaults quantity of 20 tablets (can change) on narcotics
Summary

• 3 month total opioid burden ↓ 20,157 pills (↓20%)
• % of Rxs with qty ≤ 20 pills increased: 24% to 42%
• Total opioid Rxs ↓ 8% (2,988 to 2,744)
Prescriber Assistance

• Transparency
• Clinical Decision Support
• Analytics
• Peer Review
Questions