

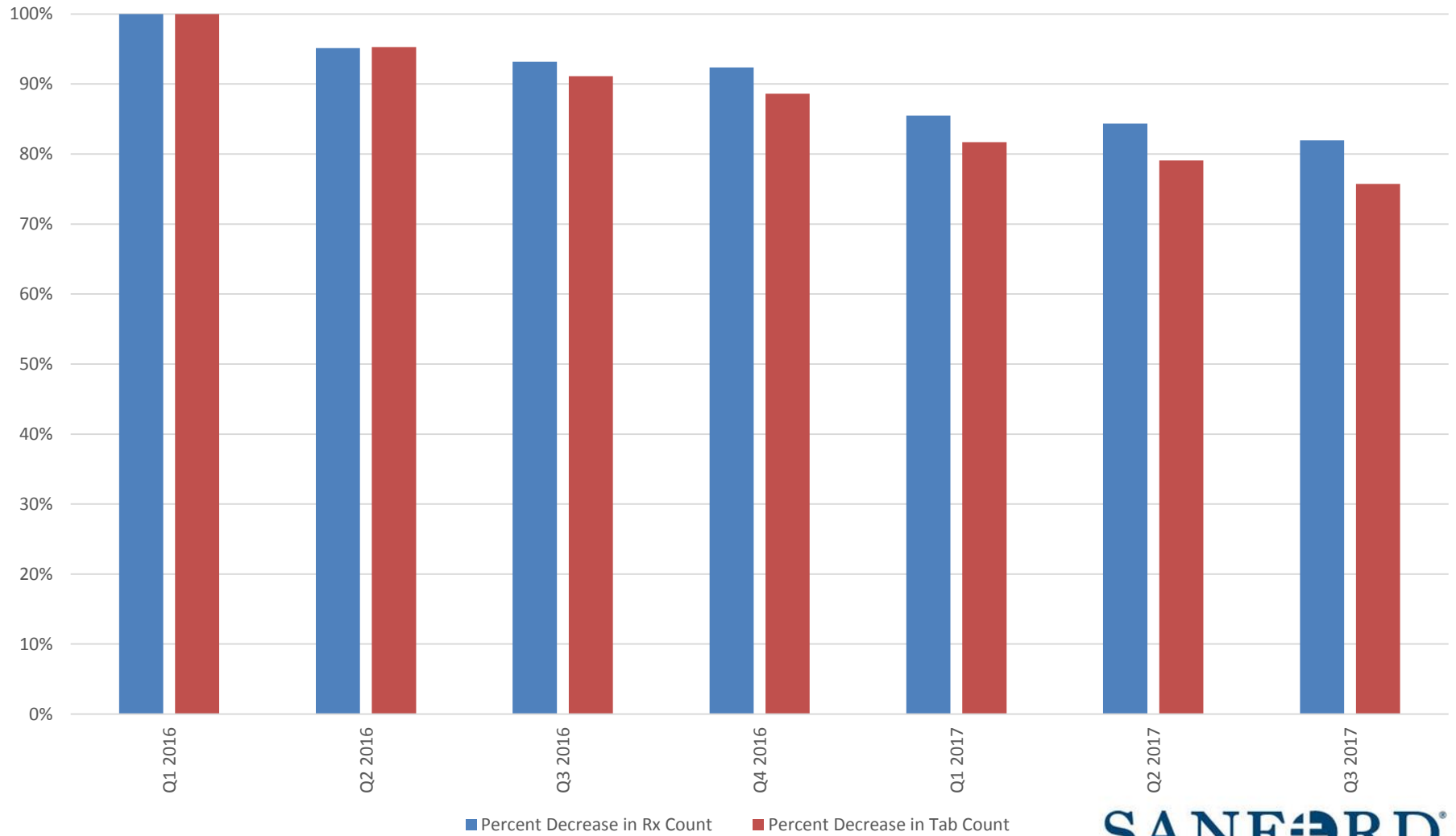
Opioid Stewardship Program

Chris Meeker, M.D.
Chief Medical Officer
Sanford Bismarck

Overview

- Sanford opioid education program
- Orthopedics opioid reduction initiative
- Ongoing prescriber assistance

Opioid Reduction



■ Percent Decrease in Rx Count ■ Percent Decrease in Tab Count



Discharge Opioids on Orthopedic Ordersets

3 month follow-up data after pain panel changes, which included

- Reordering selections (non-opioids on top, opioids beneath)
- Defaulting opioid Rx tablet count = 20 pills

Order Sets

SMF ORT OUTPATIENT DISCHARGE ORDERS KNEE

Discharge Medications - Pain

- naproxen (NAPROSYN) 500 mg tablet
Disp-30 tablet, R-0
- ibuprofen (MOTRIN) 800 mg tablet
Disp-30 tablet, R-0
- ketorolac (TORADOL) 10 mg tablet
Disp-20 tablet, R-0
- traMADol (ULTRAM) 50 mg tablet
Disp-20 tablet, R-0
- tramadol-acetaminophen (ULTRACET) 37.5-325 MG tablet
Disp-20 tablet, R-0
- acetaminophen-codeine #3 (TYLENOL #3) 300-30 mg tablet
Disp-20 tablet, R-0
- HYDROcodone-acetaminophen (NORCO) 5-325 mg tablet
Disp-20 tablet, R-0
- HYDROcodone-acetaminophen (NORCO) 7.5-325 mg tablet
Disp-20 tablet, R-0
- HYDROcodone-acetaminophen (NORCO) 10-325 mg tablet
Disp-20 tablet, R-0
- HYDROcodone-acetaminophen 7.5-325 MG/15ML oral solution
Disp-180 mL, R-0
- oxyCODONE (OXY-IR) 5 MG tablet (immediate release)
Disp-20 tablet, R-0
- oxyCODONE-acetaminophen (PERCOCET) 5-325 mg tablet
Disp-20 tablet, R-0
- hydrOXYzine pamoate (VISTARIL) 25 mg capsule
Disp-15 capsule, R-0

Non-opioids

Least potent opioids

Most potent opioids



HYDROcodone-acetaminophen (NORCO) 7.5-325 mg tablet ✓ Accept

Product: **HYDROCODONE-ACETAMINOPHEN 7.5-325 MG PO TABS**

Sig Method: **Specify Dose, Route, Frequency** Use Free Text

Dose: 1-2 tablet | 1 tablet | 2 tablet | 1-2 tablet

Prescribed Dose: **1-2 tablet**
Prescribed Amount: **1-2 tablet**

Route: Oral

Frequency: Every four to six hours prn | Every 6 hours prn | Every 4 hours prn | **Every 4 to 6 hours prn**

PRN reasons: moderate pain | severe pain | other (Specify)

PRN comment:

Duration: Doses | Days

Starting: 2/10/2017 | Ending: | First Fill: |

Mark long-term: HYDROCODONE-ACETAMINOPHEN

Patient Sig: **Take 1-2 tablets by mouth every 4 to 6 hours as needed for moderate pain**
[+ Add additional information to the patient sig](#)

Dispense: 20 tablet | Refill: 0 | Days/Fill: Full (0 Days) | 30 Days | 90 Days

Dispense As Written

-Defaults quantity of 20 tablets (can change) on narcotics

Summary

- 3 month total opioid burden ↓ 20,157 pills (↓20%)
- % of Rxs with qty ≤ 20 pills increased: 24% to 42%
- Total opioid Rxs ↓ 8% (2,988 to 2,744)

Prescriber Assistance

- Transparency
- Clinical Decision Support
- Analytics
- Peer Review

Questions

