

Bismarck Event Center • 315 S 5th Street • Bismarck, ND

This year's NDMA annual meeting is in collaboration with the North Dakota Chapter of the American College of Physicians. The combined effort allows both groups to share educational sessions and increase peer networking opportunities.

Thursday, October 4

- 3:00 p.m.** NDMA Council Meeting
(Council members only)
*First International Bank & Trust
(Second Floor)
1601 North 12th Street, Bismarck, ND*
- 5:30 p.m.** NDMA Annual Meeting Social
Hosted by 6th District Medical Society
*Stonehome Brewing Company,
1601 North 12th Street, Bismarck, ND*

NDMA SOCIAL

Hosted by Sixth District Medical Society

Thursday, October 4 • 5:30 p.m.

STONEHOME
BREWING COMPANY
1601 North 12th Street
Bismarck, ND



Please join us at this year's NDMA Annual Meeting Social, hosted by Sixth District Medical Society. We encourage all NDMA Annual Meeting participants to attend this evening of networking and fun. The event will take place at the Stonehome Brewing Company's roof top patio, located on the top floor of the new First International Bank on State Street. The outdoor patio features a beautiful skyline view of Bismarck, accompanied by the warm glow of outdoor firepits and comfortable, cushioned seating. Don't miss this opportunity to unwind, mingle and share a laugh or two. Refreshments and food will be served.

Friday, October 5

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| 7:30 a.m. | Breakfast with the Dean of UND SMHS
<i>Joshua Wynne, MD, MBA, MPH</i> | 11:30 a.m. | Panel Discussion: Understanding Drug Pricing: Formularies, Rebates, and More!
<i>Greg Hoke, Biotechnology Innovation Organization; Danny Weiss, Sanford Health Plan; Dan Churchill, PharmD; and Brendan Joyce, PharmD</i> |
| 8:15 a.m. | NDMA House of Delegates-First Session
<i>Reference Committee of the Whole to Follow</i> | 12:30 p.m. | Awards Luncheon |
| 9:15 a.m. | AMA Update: Engaging Physicians in the Future of Health Care Delivery
<i>Jack Resneck, Jr., MD, Chair, AMA Board of Trustees</i> | 2:00 p.m. | NDMA House of Delegates-Final Session |
| 10:15 a.m. | Break | 2:45 p.m. | Cut to Cure: When to Call a Surgeon and What to Say When You Do
<i>Aaron Chalmers, MD, FACS</i> |
| 10:30 a.m. | Clinical Guidelines: Where Do They Come From and How Should They Be Used?
<i>Jack Ende, MD, MACP, Immediate Past President, American College of Physicians</i>
• Diabetes: Raul Ruiz, MD, endocrinologist and immediate past speaker at the American College of Physicians ND Chapter Meeting
• Back Pain: Jeff Hostetter, MD, FAAFP, UND Center for Family Medicine and Family Medicine Residency Program Director
• Breast Cancer Screening: Rhonda Schafer-McLean, MD, OBGYN, UND Center for Family Medicine | 3:15 p.m. | Everything I Need to Know I Learned in Prison
<i>John Hagan III, MD</i> |
| | | 3:45 p.m. | Physician, Heal Thyself: Physician Well-Being in Modern Health Care
<i>Joshua Ranum, MD, FACP</i> |

Breakfast with the UND SMHS Dean: Serving North Dakota Today and Tomorrow

Friday, October 5
7:30 a.m.



SMHS Dean Joshua Wynne, MD, MBA, MPH, is the University of North Dakota's vice president for health affairs and dean of the UND School of Medicine and Health Sciences. Wynne joined the UND SMHS in 2004 and assumed his current leadership role in 2010. Under his direction, the School has intensified its focus on meeting the health care workforce needs of North Dakota. Dr. Wynne will provide an overview of changes happening at the School and review plans for the School's future, including the need for the continuing support of NDMA and its member physicians.

House of Delegates First Session

Friday, October 5
8:15 a.m.

As NDMA's policy-making authority, the House of Delegates (HoD) considers resolutions and reports on topics of importance to physicians and patients. Elections will be held for NDMA President, Vice President, Secretary-Treasurer, and Speaker of the House.

Delegates are elected by the district medical societies. Delegates consider and vote on resolutions, which are the foundation for NDMA policy and legislative efforts. All NDMA members may attend HoD meetings and introduce resolutions. **To introduce a resolution or for assistance in drafting one, contact NDMA at 701-223-9475.**

AMA Update: Engaging Physicians in the Future of Health Care Delivery

Friday, October 5
9:15 a.m.



Jack Resneck Jr., MD, a dermatologist and health policy expert from the San Francisco Bay area, was elected to the American Medical Association Board of Trustees in 2014, and assumed the chair position in 2018. Prior to his election, Dr. Resneck served the AMA as a member and chair of the AMA Council on Legislation and as a delegate to the AMA House of Delegates. Dr. Resneck received his BA in public policy from Brown University and his MD from UCSF where he also completed his internship in internal medicine, residency in dermatology and health policy fellowship. He is active in health services research and his studies have been published in prominent journals and attracted national media attention. Dr. Resneck will describe challenges facing physicians in the delivery of high quality healthcare, prepare for engagement in advocacy to improve health, reduce practice burdens, and make physician careers sustainable for the next generation.

Clinical Guidelines: Where Do They Come From and How Should They Be Used?

Friday, October 5
10:30 a.m.



Jack Ende, MD, MACP, immediate past president of the American College of Physicians, is the Schaeffer Professor of Medicine and Assistant Dean for Advanced Medical Practice at Penn's Perelman School of Medicine. He also serves as Executive Medical Director for Penn Signature Services, Penn Medicine's line of programs that coordinate provision of medical services to international patients, as well as provides consultation services to hospitals and institutions around the world. Board certified in internal medicine, Dr. Ende earned his medical degree from the Medical College of Virginia and completed his residency at the University of Chicago, where he also served for one year as Chief Resident. Dr. Ende will help participants understand how guidelines are developed, including their strengths and weaknesses.

Continuing Medical Education

This activity has been planned and implemented in accordance with the American College of Physicians, accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credit(s)TM.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.25 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Learning Objectives:

At the conclusion of this activity, the participant will be able to:

- Describe challenges facing physicians in the delivery of high-quality health care.
- Understand how guidelines are developed, including their strength and weaknesses.
- Discuss several common medical problems often considered "surgical" in nature, as well as when and how to involve a surgeon when diagnosing and treating them.
- Understand the burden of physician burnout, appreciate your personal risk of burnout, and identify strategies to promote professional well-being.

Panel Discussion – Understanding Drug Pricing: Formularies, Rebates, and More!

Friday, October 5
11:30 a.m.

The rise of health care costs has lawmakers and employers scrambling to find ways to provide access to care, including prescriptions, while controlling costs. This panel discussion is designed to educate on the basic issues in pharmacy business covering the differences between formularies, discounts, and rebates and what it takes to get a pharmaceutical drug through the system to the end user: our patients.

Panelists



Greg Hoke
Director of State
Government Affairs
Biotechnology Innovation
Organization



Dan Churchill, PharmD,
Churchill Pharmacy



Danny Weiss
Senior Director of
Pharmacy Benefits
Sanford Health Plan



Brendan Joyce, PharmD, R.PH.
Administrator
Pharmacy Services
Medical Services Division
ND Dept. of Human Services

Annual Awards Lunch

Friday, October 5
12:30 p.m.

The 2018 annual meeting luncheon and awards presentation will feature recognition of exceptional service in medicine, including the NDMA Physician Community and Professional Services Award and the Friend of Medicine Award. We will also recognize physicians who have served within the field of medicine for forty years.

NDMA House of Delegates Final Session

Friday, October 5
2:00 p.m.

The House of Delegates (HOD) Reference Committee of the Whole reconvenes for final business. Delegates are encouraged to present testimony, and comment on reports and resolutions.

Cut to Cure: When to Call a Surgeon and What to Say When You Do

Friday, October 5
2:45 p.m.



Aaron Chalmers, MD, FACS, is a general surgery physician with Mid Dakota Clinic in Bismarck, where he has been practicing since 2012. Dr. Chalmers is a clinical instructor of surgery and serves as Assistant Professor of Surgery and Associate Director of the SW Campus at the UND School of Medicine and Health Sciences. He received his education at the University of North Dakota School of Medicine and Health Sciences in Grand Forks, ND, followed by an internship and residency at the University of Wisconsin Hospital and Clinics, Madison, WI.

Dr. Chalmers will discuss common medical problems often considered “surgical” in nature, as well as when and how to involve a surgeon when diagnosing and treating them.

Everything I Need to Know I Learned in Prison

Friday, October 5
3:15 p.m.



John Hagan III, MD, staff physician at the North Dakota Department of Corrections, serves as a primary care provider and supervises clinical, primary care and psychiatry. Dr. Hagan also serves as Vice Chair of the Department of Internal Medicine for the University of North Dakota School of Medicine and Health Sciences. He received his MD at Boston University School of Medicine and a Bachelor’s Degree in Biophysics at Johns Hopkins University. In this session, participants will recognize patients’ antisocial behavior as an opportunity to apply motivational interviewing techniques to achieve positive therapeutic outcomes.

NDMA OFFICER ELECTIONS

NDMA members nominated for 2018-2019 officer positions are listed below.

Candidates may be nominated from the floor during the morning House of Delegates session.



PRESIDENT
Fadel E. Nammour, MD
Fargo, ND
Nominated by
1st District Medical Society



VICE PRESIDENT
Misty K. Anderson, DO
Valley City, ND
Nominated by
5th District Medical Society



SECRETARY-TREASURER
Joshua C. Ranum, MD
Hettinger, ND
Nominated by
11th District Medical Society



SPEAKER OF THE HOUSE
Stephanie K. Dahl, MD
Fargo, ND
Nominated by
1st District Medical Society

Physician, Heal Thyself: Physician Well-Being in Modern Health Care

Friday,
October 5
3:45 p.m.



Joshua Ranum, MD, FACP, internal medicine physician with West River Health Services in Hettinger, ND, received his medical degree from the University of North Dakota School of Medicine, Grand Forks, interned at

Altru Health in Grand Forks and completed his Internal Medicine residency at Grand Rapids Medical Education Partners in Michigan. He also serves as Clinical Assistant Professor of Internal Medicine at the University of North Dakota School of Medicine and Health Sciences and is the Rural Opportunities in Medical Education Site Coordinator. In 2016, Dr. Ranum received the Dean’s Special Recognition Award for Outstanding Volunteer Faculty from UND School of Medicine, and most recently received the Emerging Rural Health Leader Award from the Dakota Conference on Rural and Public Health. In this session, Dr. Ranum will help participants understand the burden of physician burnout, assess personal risk of burnout and identify strategies to promote professional wellbeing.



Annual Meeting Registration Form

First Name _____ MI _____ Last Name _____

Organization _____

Mailing Address _____

City _____ State _____ ZIP _____

Telephone _____ Fax _____ E-mail _____

Guest(s) First/Last Name _____

Registration Fee: \$50—includes the Friday conference day breakfast, lunch and educational credit costs. Please indicate below which events you will be attending. If you choose to participate in only the House of Delegates session(s), there is no registration fee.

_____ Number attending Thursday, October 4 evening NDMA Social

_____ Number attending Friday, October 5 breakfast

_____ Number attending Friday, October 5 educational program

_____ Number attending Friday, October 5 luncheon

_____ I will ONLY attend the House of Delegates meetings

I wish to contribute to the NDMA PAC (Suggested donation \$200) \$ _____

_____ Number attending annual meeting @ \$50 per person \$ _____

Total Amount Enclosed \$ _____

CONFERENCE CANCELLATION POLICY: No refunds after October 1, 2018.

NDMA ANNUAL MEETING DELEGATE HANDBOOK:

Check here if you **DO NOT** want a printed book, and prefer to download your own electronic copy from our website: www.ndmed.org

Please mail this form along with payment no later than October 1, 2018 to:

NDMA, 1622 E. Interstate Ave., Bismarck, ND 58503-0512

Fax credit card orders to: NDMA at 701-223-9476 ___ Master Card ___ Visa ___ American Express

Name on credit card (please print) _____

Card Number _____ CSC _____

Expiration Date ___ / ___ / ___ Phone _____

Signature _____ Zip Code _____

LODGING

A block of rooms has been reserved for Thursday, October 4th, at the Radisson Hotel located at 605 East Broadway Avenue, Bismarck, at the low rate of Single/ Double room for \$92.00 US, plus tax.

For reservations, contact the Radisson at 701-255-6000, or reserve online at *Radisson.com*: enter: Destination, Check In Date, Check Out, Date, Number of Adult, and Enter Booking Link: NDMA18. Select Radisson and enter for search.

Reservations must be received by September 20, 2018. Cancellation policy: 24 hours before the day of arrival.

Register Today!

Complete
the form
or register
online at
ndmed.org

