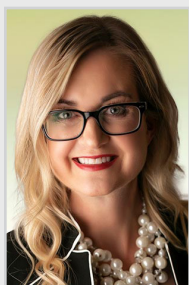


DELTA HOTEL | FARGO, ND

ANNUAL MEETING²⁰²⁵ AND LEADERSHIP AWARDS

OCTOBER 2-3 | DELTA HOTEL | 1635 42ND ST SW | FARGO, ND



As president of the North Dakota Medical Association, the state's oldest and largest physician organization, it is my pleasure to invite you to the NDMA 2025 Annual Meeting.

The meeting is held in conjunction with the ND Chapter of the American College of Physicians and the ND Chapter of the Society of Hospital Medicine. The combined effort is a chance to network with an even greater audience and increase program dynamics.

This is an exciting time to share policy ideas and celebrate achievements. Please join us. You'll be glad you did.

NDMA President Dr. Stephanie Dahl

PROGRAM AT A GLANCE

THURSDAY, OCTOBER 2

2:30-5:00 pm | **Council Meeting** (*Council Members Only*)

5:30-7:30 pm | **Annual Meeting Social**

FRIDAY, OCTOBER 3

7:00 am | **Registration Opens**

7:30 - 8:15 am | **Breakfast with the Dean:**
Dr. Marjorie Jenkins

8:30 - 10:15 am | **Policy Forum**

10:15 - 10:45 am | **Break - Network with Vendors**

10:45 - 11:30 am | **Integrating Academic Medicine into
Healthcare Delivery**

11:30 - 12:15 pm | **Longevity Medicine:
A Primer for Clinical Practice**

12:15 - 1:45 pm | **Leadership Awards Ceremony
Luncheon and Networking**

1:45 pm | **Afternoon Session: Welcome**

1:45 - 2:30 pm | **Leading by Example: Addressing
Vaccine Hesitancy Through Medical
Leadership**

2:30 - 3:15 pm | **Navigating the Controversies and
Clinical Realities of Testosterone**

3:15 - 3:45 pm | **Break**

3:45 - 4:30 pm | **Updates in Medicine**

THURSDAY, OCTOBER 2

2:30 pm | **NDMA Council Meeting**

Delta Hotel, Sonata | 1635 42nd St SW
(council members only)

5:30-7:30 pm | **Social**

Hosted by First District Medical Society
Brewhalla | 1702 1st Ave N, Fargo

FRIDAY, OCTOBER 3

Event Room Locations

Vendors, Meals, Breaks: **Bach and Brahms**
Policy Forum, Education: **Mozart**

7:30-8:15 am | **Breakfast with the Dean**

Serving North Dakota Today and Tomorrow
Bach and Brahms

Sponsored by:



Marjorie R. Jenkins, MD, MEdHP, FACP
Vice President for Health Affairs, University of North Dakota
Dean, UND School of Medicine & Health Sciences

Join Dr. Marjorie Jenkins for breakfast as she shares insights on the latest developments at the UND School of Medicine & Health Sciences and how the School is helping grow the healthcare workforce in North Dakota.

FRIDAY, OCTOBER 3 | CONTINUED

8:30 – 10:15 am | Policy Forum - Mozart

NDMA leadership encourages all NDMA members to participate in the Policy Forum. The open forum platform allows members to discuss and consider policies relevant to physician practices and the care of patients.

10:15 – 10:45 am | Break – Network with Vendors - Bach and Brahms

Show your support! Take this opportunity to grab a refreshment and visit the booths.

Reasons to support your vendors:

- Build relationships – here is your chance to expand your network when it comes to business and professional services.
- Learn what's new – perhaps there is a service you are not aware of. Here is where you can learn more about a service that can have long-term benefits.
- Swag – many vendors are equipped with merchandise to make your time at the booth worthwhile, from pamphlets to useful items for your home or office.

10:45 – 11:30 am | Integrating Academic Medicine into Healthcare Delivery: What Does Success Look Like? - Mozart

With the aim of improving the health of individuals and populations, medical schools are transforming curricula to ensure physician competence encompasses health systems science, which includes population health, health policy, high-value care, interprofessional teamwork, leadership, quality improvement, and patient safety.



Marjorie R. Jenkins MD, MedHP, FACP
Vice President for Health Affairs and Dean, UND School of Medicine & Health Sciences



Dinesh Bande MD, MBA, FACP
Internal Medicine, Sanford Fargo; Clinical Professor of Internal Medicine and Chair of Internal Medicine, UND School of Medicine & Health Sciences

11:30 – 12:15 pm | Longevity Medicine: A Primer for Clinical Practice - Mozart

Longevity Medicine is a relatively new discipline that addresses healthy lifespans. Research is rapidly emerging that shows the capacity to slow or reverse aging processes. Physicians are increasingly being asked by patients how they can extend their life span and gain as many healthy years as possible. Many healthcare professionals and patients do not know how to measure biological age and how it can be used to assess the impact of longevity interventions. Additionally, healthcare professionals are uncertain about longevity interventions relative to current research findings from pre-clinical models and human studies. Thus, this program



provides state-of-the-art information about longevity medicine, calling upon representative research and its implications for a longer, healthier life.

Donald A. Jurivich, DO

Eva Gilbertson Distinguished Professor of Geriatrics Chair, Geriatrics Department, UND School of Medicine & Health Sciences

12:15 – 1:45 pm | Leadership Awards Ceremony & Luncheon - Bach and Brahms

1:45 pm | Welcome

1:45 – 2:30 pm | Leading by Example: Addressing Vaccine Hesitancy Through Medical Leadership - Mozart

Healthcare professionals are among the most trusted voices in public health. When they demonstrate confidence in vaccines and share clear, evidence-based information, they have the power to influence patients' decisions more effectively. This presentation empowers medical leaders to model behaviors that build trust and to more confidently counter vaccine misinformation with empathy, science, and clarity.



Tracie T. Newman, MD, MPH, FAAP

NDSU Associate Professor of Practice, Department of Public Health and Medical Director, Center for Immunization Research and Education (CIRE)

POLICY FORUM

Let Your Voice Be Heard!

The Policy Forum platform allows you, as a physician, to discuss and consider policy relevant to your practice and the care of patients.

NDMA leadership encourages all NDMA members to participate. **Submit your policy issues by September 12th** by completing a policy issue form located online at www.ndmed.org.

JOIN US FOR A SOCIAL

Thursday, October 2 | 5:30 – 7:30 pm



Join us for a social at Brewhalla – a food and entertainment wonderland! Brewhalla offers a market, brewery, and many good places to eat, all on-site. It's an experience you don't want to miss.

First District Medical Society is hosting this special event and will provide complimentary appetizers. If you're seeking to enjoy a craft beverage, the locally owned Drekkar Brewing Company offers a selection sure to meet your needs.

However, the most important opportunity is to socialize with First District members and Annual Meeting attendees. We can't wait to see you there!

Located at: 1702 1st Ave N, 2nd Level, North Bar and Terrace – signage will direct you to the 2nd level.

To learn more about Brewhalla at: <https://brewhalla.co/>

HOSTED BY:



2:30 – 3:15 pm | Navigating the Controversies and Clinical Realities of Testosterone - Mozart

Testosterone treatment is a complex and at times controversial topic, particularly incorporating patient wishes and their strong requests for high-dose replacement. Patients are increasingly seeking health information and treatment through nontraditional sources, in areas such as hormone therapy and sexual health. With the burgeoning business of hormone therapy in boutique and one-stop online clinics, physicians must understand the role of testosterone therapy as well as the nuances of history taking and treatment in this area.



Kirsten C. Juhl, MD

Internal Medicine, Sanford Fargo; Ambulatory Medicine Associate Program Director, UND School of Medicine & Health Sciences; Co-Chair of Sanford Department of Internal Medicine



John M. Tinjum, MD

Internal Medicine, Sanford Fargo and Moorhead



Ronovan Ottenbacher, MD

Internal Medicine, Fargo VA Medical Center

3:15 – 3:45 pm | Break - Bach and Brahms

3:45 – 4:30 pm | Updates in Medicine - Mozart

This session is a summary of the updates from the national meetings of the American College of Physicians and the Society of Hospital Medicine.



Christopher Pribula, MD

Hospitalist, Sanford Health Fargo & ND Chapter of the SHM President



Jena M. Gales, MD

Internal Medicine Resident, PGY3

4:30 pm | Adjourn

NDMA Slate of Officers

Each year, NDMA officer positions are chosen based on a vote of NDMA membership. Members vote through an online ballot. Links to the ballot are sent to each member's email and posted in the weekly e-Physician News. Members will be asked to choose from the following slate of officers:



President

Parag Kumar, MD
Bismarck, ND



Vice President

Erica C. Hofland, MD
Dickinson, ND



Policy Forum Chair

Joan M. Connell, MD
Bismarck, ND



Secretary-Treasurer

Erik C. Heitkamp, MD
Fargo, ND



AMA Delegate

David F. Schmitz, MD
Grand Forks, ND



AMA Delegate

Misty K. Anderson, DO
Valley City, ND

LEADERSHIP AWARDS

Ceremony & Luncheon

Friday, October 3
12:15 – 1:45 pm

The historic Leadership Awards Ceremony and Luncheon will present awards for outstanding achievement.

Physician Community and Professional Services

This award is recognized as North Dakota's most prestigious physician award and since inception in 1977, has been awarded to forty-eight distinguished physicians across the state. The award honors an NDMA

physician member recognized for outstanding leadership and service to the profession of medicine.

40 Year Medical School Graduates

We continue to honor our tradition of recognizing physicians who have achieved at least 40 years of service to the medical community upon graduation from medical school.

Friend of Medicine Award

This award is dedicated to a nonphysician individual dedicated to making a difference by serving as an effective advocate for health care, patient services, or the profession of medicine.

COPIC Humanitarian Award

Now, for the seventh consecutive year, this award is presented to honor a North Dakota Medical Association physician for their volunteer medical services and contributions to the community beyond the scope of their day-to-day lives.

The award provides a \$10,000 grant from Copic to a North Dakota health-related nonprofit organization of the recipient's choosing.

LODGING

A block of rooms has been reserved at the Delta Hotel in Fargo.

Reservations must be booked by September 2. If the block fills up, no additional rooms can be added. Book early.

Room rates: \$139, plus tax.



To reserve, call 701-223-6667 or simply scan the code.



Delta Hotel by Marriott
1635 42nd St. SW, Fargo, ND

CONTINUING MEDICAL EDUCATION

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates this live activity for a maximum 3.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3.75 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

NDMA ANNUAL MEETING 2025 AND LEADERSHIP AWARDS



OCTOBER 2-3 | Delta Hotel
1635 42nd St. SW | Fargo, ND

REGISTER TODAY! Complete the form or register online at ndmed.org

First Name _____ MI _____ Last Name _____
Organization _____
Mailing Address _____
City _____ State _____ Zip _____
Telephone _____ E-mail _____
Guest(s) First/Last Name _____

Registration Fee: \$50—includes the Friday conference day breakfast, lunch and educational credit costs. Please indicate below which events you will be attending. ***If you choose to participate in only the Policy Forum session, there is no registration fee.***

_____ Number attending Thursday, October 2, evening NDMA social
_____ Number attending Friday, October 3, breakfast
_____ Number attending Friday, October 3, educational program
_____ Number attending Friday, October 3, awards ceremony luncheon
(contact NDMA for special dietary needs: 701-223-9475)
_____ I will ONLY attend the Policy Forum

I wish to contribute to the NDMA PAC (Suggested donation \$200) \$ _____
_____ Number attending annual meeting @ \$50 per person \$ _____
Total Amount Enclosed \$ _____

CONFERENCE CANCELLATION POLICY: No refunds after September 18, 2025.

Please mail this form along with payment no later than September 18, 2025 to
NDMA: 1622 E. Interstate Ave., Bismarck, ND 58503-0512

Name on credit card (please print) _____
Card Number _____
CSC _____ (3 digit code /Am. Express 4 digits on front of card)
Expiration Date ____ / ____ Telephone _____
Signature _____
Zip Code _____