

# OCTOBER 3-4 | BISMARCK EVENT CENTER | 315 S 5TH ST | BISMARCK, ND

From the North Dakota Medical Association, the state's oldest and largest physician organization, and me, it is my pleasure to invite you to the NDMA 2024 Annual Meeting.

The meeting is once again held in conjunction with the ND Chapter of the American College of Physicians, and the ND Chapter of the Society of Hospital Medicine. The combined effort is a chance to network with an even greater audience and increase program dynamics.

This is an exciting time to share policy ideas and celebrate achievements. Please join us. You'll be glad you did.



NDMA President Dr. Stephanie Dahl

### **PROGRAM AT A GLANCE**

THURSDAY, OCTOBER 3

1:00-5:00 pm | Council Meeting

(Council Members Only)

5:30-8:00 pm | **Social** 

# FRIDAY, OCTOBER 4

7:00 am | Registration Opens

7:30 - 8:15 am | Breakfast with the Dean:

Dr. Joshua Wynne

8:30 - 10:15 am | **Policy Forum** 

10:15 - 10:45 am | Break - Network with Vendors

10:45 - 11:15 am | State Health Care Task Force Update

11:15 - 12:00 pm | **Radon Awareness:** 

What You Need to Know

12:00 - 1:30 pm | Leadership Awards Ceremony

**Luncheon and Networking** 

1:30 pm | Afternoon Session: Welcome

1:30 - 2:15 pm | Perioperative Medicine

2:15 - 3:00 pm | **Diversity** 

3:00 - 3:15 pm | **Break** 

3:15 - 4:00 pm | Integrative Medicine

4:00 - 4:45 pm | Updates in Medicine

4:45 pm | **Adjourn** 

# **THURSDAY, OCTOBER 3**

# 1:00 pm | NDMA Council Meeting

North Dakota Medical Association | 1622 East Interstate Avenue (council members only)

5:30-8:00 pm | **Social** 

Hosted by Sixth District Medical Society X Golf | 1441 East LaSalle Drive

# FRIDAY, OCTOBER 4

#### **Event Locations**

Event rooms are located at the Event Center's Upper Level Policy Forum and Educational Sessions: Prairie Rose 105 Breakfast, Breaks, and Leadership Awards Luncheon: Prairie Rose 102-104

7:30-8:15 am | **Breakfast with the Dean** Serving North Dakota Today and Tomorrow Prairie Rose 102-104

Sponsored by:





Join Dr. Wynne for breakfast as he shares insights on the latest developments for the UND School of Medicine & Health Sciences and how they may benefit the future of health care for the medical profession and patients.

Joshua Wynne, MD, MBA, MPH UND School of Medicine & Health Sciences Dean & Vice President for Health Affairs



Thursday, October 3 5:30 - 8:00 pm

Hosted by Sixth District **Medical Society** 



Join us for a social at X Golf! Bring those clubs and buddy up with your cohorts to try your hand at indoor golf! Not much into a full game of golfing? Try your hand at the driving range, or just simply socialize!

> X Golf is located at 1441 East LaSalle Drive

# POLICY **FORUM**

#### Let Your Voice Be Heard!

The Policy Forum platform allows physicians to discuss and consider policy relevant to your practice and care of patients.

NDMA leadership encourages all NDMA members to participate.

Submit your policy issues by **September 13th** by completing a policy issue form located online at www.ndmed.org.

#### FRIDAY, OCTOBER 4, CONTINUED

#### 8:30 - 10:15 am | **Policy Forum** - Prairie Rose 105

NDMA leadership encourages all NDMA members to participate in the Policy Forum. The open forum platform allows members to discuss and consider policies relevant to physician practices and the care of patients.

10:15 - 10:45 am | Break - Network with Vendors - Prairie Rose 102-104

Show your support! Take this opportunity to grab a refreshment and visit the booths.

Reasons to support your vendors:

- Build relationships here is your chance to expand your network when it comes to business and professional services.
- Learn what's new perhaps there is a service you are not aware of. Here is where you can learn more about a service that can have long-term benefits.
- Swag many vendors are equipped with merchandise to make your time at the booth worthwhile, from pamphlets to useful items for your home or office.

#### 10:45 - 11:15 am | State Health Care Task Force Update - Prairie Rose 105



North Dakota Health and Human Services Commissioner Wayne Salter will provide an update on the state's Health Care Task Force. The Task Force, created by the 2023 North Dakota Legislature, is an organized effort to understand and create transparency around healthcare costs and lessen the impact of rising healthcare costs.

#### Wayne Salter

North Dakota Health and Human Services Commissioner

11:15 - 12:00 pm | Radon Awareness: What You Need to Know - Prairie Rose 105

Radon exposure is the second leading cause of lung cancer and is estimated to cause about 21,000 U.S. deaths each year. When people are unaware of radon, they miss the opportunity to protect themselves and others from lung cancer. This session will share the educational efforts being conducted in our state and how efforts can be improved.



Stephanie K. Dahl, MD Specialist in Reproductive Endocrinology

Dr. Dahl, a graduate of the UND School of Medicine and Health Sciences, is a board-certified reproductive endocrinologist and infertility physician and serves as NDMA President. Through her own experiences, she is committed to creating awareness for others on the harms caused by radon exposure.



Justin Otto North Dakota Department of Environmental Quality Radon Program Coordinator

Justin is passionate about educating the public on the harms of radon exposure and has been doing this job for the past 16 years. His educational efforts make a difference for North Dakota as he reaches out to the public to encourage radon testing in homes, businesses, and public buildings like schools.

12:00 - 1:30 pm | Leadership Awards Ceremony & Luncheon - Prairie Rose 102-104 This historic Leadership Awards Ceremony and Luncheon recognizes individuals for outstanding achievement and service to the community.

# 1:30 pm | Welcome

# 1:30 - 2:15 pm | Perioperative Medicine - Prairie Rose 105

This session will focus on the practice of patient-centered, multidisciplinary, and integrated medical care of patients before, during, and after surgery.



Dr. Potluri, a hospitalist at Sanford Health Fargo, completed his Internal Medicine residency at the University of Pittsburgh Medical Center Shadyside Hospital. He serves as Core Faculty for the UND Internal Medicine residency program.

Rajendra Potluri, MD Hospitalist, Sanford Health Fargo

# 2:15 - 3:00 pm | Ethical and Social Issues Managing American Indian Patients - Prairie Rose 105

This session will help improve compliance and engagement. She will discuss breaking down barriers while interacting with American Indian patients.



Dr. Littlewolf is a hospitalist specializing in Internal Medicine. Her work also includes serving as Assistant Clinical Professor at the UND School of Medicine and Health Sciences and as an Academic Advisor for the school's Fargo campus. She works closely with Sanford and the community to ensure health equity for all underrepresented patients and underserved populations.

Ciciley Littlewolf, MD Hospitalist, Sanford Health Fargo

3:00 - 3:15 pm | **Break** - Prairie Rose 102-104

# 3:15 - 4:00 pm | Integrative Medicine: Bringing the Patient and Joy Back to Medicine - Prairie Rose 105

This session will help to develop a practical method to use patient-centric and integrative medicine-focused questions during medical examinations.



Dr. Ottenbacher attended the University of South Dakota for undergraduate and medical school degrees. During medical school, he was commissioned into the Army National Guard. After completing his residency, he began private practice with the Internal Medicine Associates of Fargo and later transitioned to the Fargo VA where he now serves as Deputy Chief Health Informatics Officer. He continues to serve in the South Dakota Army National Guard as a Lieutenant Colonel.

Ronovan Ottenbacher, MD Internal Medicine, Fargo VA Medical Center

#### 4:00 - 4:45 pm | Updates in Medicine - Prairie Rose 105

This session is a summary of the updates from the national meetings of the American College of Physicians (ACP) and the Society of Hospital Medicine (SHM).



Christopher Pribula, MD Hospitalist, Sanford Health Fargo & ND Chapter of the SHM President

Dr. Pribula, a graduate of the UND School of Medicine and Health Sciences, completed his residency training at the University of North Carolina Greensboro. Since then, he has served as a hospitalist at Sanford Health. He is active in teaching for UND SMHS and has won several teaching awards. He has an active interest in teaching medical decision making and evidence-based care as well as high-value care.



Dre Steinwehr, MD Internal Medicine Resident

Dr. Steinwehr, an internal medicine third-year resident, attended the North Dakota State University for his undergraduate degree and the UND SMHS for his medical degree. He is active with the ACP where he leads and coordinates Doctor's Dilemma. the medical jeopardy competition for residents, and competed at the national ACP meeting for the Doctor's Dilemma competition

# 4:45 pm | Adjourn

#### **NDMA Slate of Officers**

Each year, NDMA officer positions are chosen based on a vote of NDMA membership. Members vote through an online ballot. Links to the ballot are sent to each member's email and posted in the weekly e-Physician News. Members will be asked to choose from the following slate of officers:



President Stephanie K. Dahl, MD Horace, ND NDMA | ND Physician - Fall 2024



Vice President Parag Kumar, MD Bismarck, ND



**Policy Forum Chair** Erica C. Hofland, MD Dickinson, ND



Secretary-Treasurer Joan M. Connell, MD Bismarck, ND

# **LEADERSHIP** ~AWARDS~

# **Ceremony & Luncheon**

Friday, October 4 12:00 - 1:30 pm

The historic Leadership Awards Ceremony and Luncheon will present awards for outstanding achievement.

#### **Physician Community and Professional Services**

This award is recognized as North Dakota's most prestigious physician award and since inception in 1977, has been awarded to forty-eight distinguished physicians across the state. The award honors an NDMA physician member recognized for outstanding leadership and service to the profession of medicine.

#### 40 Year Medical School Graduates

We continue to honor our tradition of recognizing physicians who have achieved at least 40 years of service to the medical community upon graduation from medical school.

#### Friend of Medicine Award

This award is dedicated to a nonphysician individual dedicated to making a difference by serving as an effective advocate for health care, patient services, or the profession of medicine.

#### **COPIC Humanitarian Award**

Now for the sixth year, this award is presented to honor a physician for volunteer medical services and contributions to the community. The award seeks to recognize a physician who volunteers outside the spectrum of their day-to-day lives.

The award provides a \$10,000 grant from COPIC to a healthrelated nonprofit organization of the recipient's choosing.

#### **LODGING**

A block of rooms has been reserved at the Courtyard by Marriott.

Reservations must be booked by **September 3.** If the block fills up, no additional rooms can be added. Book early.

Room rates: \$139, plus tax.



To reserve, call 701-223-6667 or simply scan the code



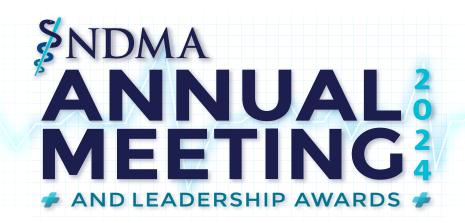
Courtyard Bismarck North 3319 North 14th Street Bismarck, ND

# **CONTINUING MEDICAL EDUCATION**

The American College of Physicians (ACP) is accredited by the Accreditation Council for **Continuing Medical Education** (ACCME) to provide continuing medical education for physicians.

The ACP designates this other activity (live component and enduring component) for a maximum 3 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.





OCTOBER 3-4 | Bismarck Event Center 315 S 5th St | Bismarck, ND

**REGISTER TODAY!** Complete the form or register online at ndmed.org

First Name MI Last Name
Organization
Mailing Address
City State Zip
Telephone E-mail
Guest(s) First/Last Name
Registration Fee: \$50—includes the Friday conference day breakfast, lunch and
educational credit costs. Please indicate below which events you will be attending. $\emph{If you}$
choose to participate in only the Policy Forum session, there is no registration fee.
Number attending Thursday, October 3, evening NDMA social
Number attending Friday, October 4, breakfast
Number attending Friday, October 4, educational program
Number attending Friday, October 4, awards ceremony luncheon  (contact NDMA for special dietary needs: 701-223-9475)
I will ONLY attend the Policy Forum
I wish to contribute to the NDMA PAC (Suggested donation \$200) \$
Number attending annual meeting @ \$50 per person \$
Total Amount Enclosed \$
CONFERENCE CANCELLATION POLICY: No refunds after September 19, 2024.
Please mail this form along with payment no later than September 19, 2024 to
NDMA: 1622 E. Interstate Ave., Bismarck, ND 58503-0512
Name on credit card (please print)
Card Number
CSC (3 digit code /Am. Express 4 digits on front of card)
Expiration Date / Telephone
Signature

Zip Code \_



On behalf of NDMA and its leadership, we express our sincere gratitude for the following generous sponsors to our 2024 Annual Meeting. Please take the time to visit the booths, learn what's new and thank them for their support.





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# Thank You To All Our Sponsors