

# Opioid CME Opportunities



The UND School of Medicine and Health Sciences offers a seven-part series on opioid issues from statewide healthcare experts:

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## 1. Introduction to Series on Opioid Issues

Presenter: Andrew J. McLean, MD, MPH, UND School of Medicine and Health Sciences

Upon Completion of this program, the learner will be able to:

- Identify major clinical issues related to opioids
- Identify potential solutions in clinical care related to opioids
- Identify the healthcare community's role in wellness as part of a greater community

The University of North Dakota School of Medicine and Health Sciences designates this Enduring material for a **maximum of .5 AMA PRA Category 1 Credit(s)<sup>™</sup>**. Physicians should claim credit commensurate with the extent of their participation in the activity.

## 2. Opioid Pharmacology

Presenter: James L. Roerig, PharmD, BCPP, UND School of Medicine and Health Sciences

Upon Completion of this program, the learner will be able to:

- Identify commonly used opioid medications
- Discuss the receptor pharmacology of opioid medications
- Describe signs of opioid intoxication
- Describe signs of opioid withdrawal

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## 3. Preventing Abuse and Misuse of Controlled Substances

Presenter: Mark J. Hardy, PharmD, ND Board of Pharmacy

Upon Completion of this program, the learner will be able to:

- Understand the North Dakota Prescription Drug Monitoring Program (PDMP)
- Review the opportunities for utilization of the PDMP in your practice

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- Describe options for disposal of controlled substances at pharmacies
- Explain other recent law/rule changes involving opioid medications

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#### 4. Non-medication Treatment of Chronic Pain

Presenter: Julie Lewis Rickert, Psy.D., UND School of Medicine and Health Sciences

Upon Completion of this program, the learner will be able to:

- Identify different ways treatments impact outcomes in patients with chronic pain
- List evidence-based behavioral pain management strategies
- Identify communication strategies for promoting non-medication strategies

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#### 5. Issues of Addiction

Presenter: Kurt A. Snyder, MGMT, LSW, LAC, Heartview Foundation

Upon Completion of this program, the learner will be able to:

- Gain an understanding of a working definition of substance use disorders.
- Identify the unique characteristics of opioid use disorder
- Identify evidence-based practices to treat substance use disorders.

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#### 6. Medication Assisted Treatment for Opiate Use Disorder

Presenter: Melissa J. Henke, MD, Heartview Foundation

Upon Completion of this program, the learner will be able to:

- Identify the benefits of MAT
- Identify the medications used for management of opiate use disorder
- Be cognizant of the opiate crisis in the United States

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### 7. Opiate Prescribing in the USA

Presenter: Manuel Colon, MD, MBA, CPE, Sanford Health

Upon Completion of this program, the learner will be able to:

- Identify the difference between dependence, tolerance, and addiction.
- Become familiar with the current CDC guidelines for initial selection, Dosage, Duration, and Follow-up of patients on opiate analgesics.
- Become familiar with documentation guidelines for patients on opiate analgesics.
- Understand how to taper or discontinue opiate analgesics for term therapeutic opioid users.

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*Updated 10-18-17*