



# Physician

Fall 2019



## Annual Meeting & Leadership Awards Recognition

October 3 & 4, 2019  
DoubleTree • West Fargo, ND



# 2019

# President's Message

## Please Join Us at the 2019 Annual Meeting and Leadership Awards Recognition Luncheon



Fadel Nammour, MD  
NDMA President

It is my pleasure to invite you to the **2019 NDMA Annual Meeting and Leadership Awards Recognition Luncheon**. This year's event will be held on Friday, October 4th, 2019 at the DoubleTree by Hilton in West Fargo. Due to last year's successful event, we will once again partner with the North Dakota Chapter of the American College of Physicians to make this year's event even better.

### NDMA Thursday Night Social

To kick off the event, the First District Medical Society will host a social on Thursday, October 3rd at the Blarney Stone, right next to the DoubleTree beginning at 5:30 p.m. This is a fun opportunity to network and share a laugh or two. Spouses are welcome to attend. Guests will gather in the Board Room where beverages and plentiful hors d'oeuvres will be served.

### Educational Sessions

This year's schedule is packed with great speakers you won't want to miss. The educational sessions kick off with an update by American Medical Association Immediate Past President Barbara McAneny. She will provide an update on pressing policy issues at the Congressional level that impact the practice of medicine. Other topics being covered range from a medical marijuana update to other important health-related topics such as substance use disorders, asthma treatment, acute stroke treatment and planning and publishing clinical and translational research.

### NDMA Policy Forum

This year, instead of a House of Delegates Session, NDMA leadership will review policy through a Policy Forum. The forum, which is on a trial basis adopted at last year's annual meeting, is designed to get more interaction among NDMA membership. The leadership is excited for the opportunities this transition can bring. I encourage all NDMA members to attend the Policy Forum, which will begin immediately after the first session at 8:15 a.m. This is a great opportunity to learn more about policy issues. It's also important to know that the new structure includes a new officer position - a Policy Forum Chair and temporarily suspends the Speaker of the House leadership role.

### Leadership Awards Recognition Luncheon

The Leadership Awards Recognition Luncheon will present the 2019 Physician Community & Professional Services Award. The award is recognized as North Dakota's most prestigious physician award and since its inception in 1977, has been awarded to forty-three distinguished physicians across the state.

Other awards presented will be the 2019 Friend of Medicine Award and a first-time ever award provided by COPIC - NDMA's endorsed medical professional liability insurance provider. The COPIC Humanitarian Award will be presented to a

physician for volunteer medical services and contributions to the community and provides a \$10,000 grant to a health-related nonprofit organization of the recipient's choosing.

### Passing the Torch

Thank you for the opportunity to serve as your president. It is an honor and a privilege to serve. Over the past two years, NDMA leadership has invested a great deal of time on policy efforts that make a difference in how physicians and health care providers practice medicine and the care we can provide to patients. Success was gauged in two ways: either by passing policy or by taking a defensive position and preventing unfavorable policy from becoming law.

### Membership

In closing, I thank you all for being a NDMA member. Your membership gives physicians a strong, independent voice. NDMA is always on the frontlines to address issues that impact all physicians and their patients, such as fighting for fair reimbursement from Medicaid, Medicare and private insurers, building the future of our health system infrastructure and working to improve public health.

NDMA is the heartbeat of effective policy and your membership keeps this organization strong. Again, thank you. 🙏

# Annual Meeting & Leadership Awards Recognition **2019**

October 3-4, 2019

**DoubleTree by Hilton · 825 E Beaton Drive · West Fargo**

This year's NDMA annual meeting is in collaboration with the North Dakota Chapter of the American College of Physicians. The combined effort allows both groups to share educational sessions and increase peer networking opportunities.

## Thursday, October 3

- 3:00 p.m. NDMA Council Meeting  
(Council members only)  
*DoubleTree by Hilton*  
825 E. Beaton Drive, West Fargo, ND
- 5:30 p.m. NDMA Annual Meeting Social;  
Hosted by First District Medical Society  
*Blarney Stone Irish Pub,*  
1910 9th Street E, West Fargo ND  
*This is a quick two-minute walk from the DoubleTree by Hilton*

## Friday, October 4

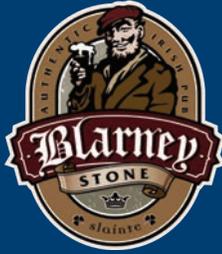
- 7:30 a.m. Breakfast with the Dean:  
Serving North Dakota Today  
and Tomorrow  
*Joshua Wynne, MD, MBA, MPH*  
*UND School of Medicine & Health Sciences Dean; UND Interim President*
- 8:15 a.m. NDMA Policy Forum
- 9:45 a.m. American Medical Association Update:  
Physician Leadership in Shaping the  
Future of Medicine  
*Barbara L. McAneny, MD*  
*Immediate Past President,*  
*American Medical Association*
- 10:30 a.m. Break - Network with Sponsors

- 10:45 a.m. Clearing the Smoke: Provider  
Concerns and Medical Marijuana  
*Tracy Vigness Kolb, JD*  
*Lawyer and Partner, Meagher & Geer*
- 11:45 a.m. Substance Misuse and Substance  
Use Disorders  
*Andrew McLean, MD, MPH*  
*Clinical Professor and Chair, UND School of Medicine & Health Sciences Department of Psychiatry and Behavioral Science*
- 12:30 p.m. Leadership Awards Recognition Luncheon
- 2:00 p.m. Asthma Treatment: Standard Therapy,  
Biologics, Bronchial Thermoplasty  
and Beyond  
*Karol Kremens, MD, FCCP*  
*Pulmonologist, Essentia Health, Fargo*
- 2:45 p.m. Acute Stroke Update  
*Paulina Kunecka, MD*  
*Neurologist, Essentia Health, Fargo*
- 3:30 p.m. Planning and Publishing Clinical and  
Translational Research  
*Marc Basson, MD, PhD, MBA*  
*Senior Associate Dean of Medicine and Research, UND School of Medicine & Health Sciences*
- 5:00 p.m. Adjourn

# NDMA SOCIAL

Thursday, October 3  
5:30 p.m.

Hosted by First  
District Medical Society



Blarney Stone Irish Pub • 1910 9th Street E • West Fargo  
*This is a quick two-minute walk from the DoubleTree by Hilton.*

**We encourage all NDMA Annual Meeting participants to attend this evening of networking and fun.**

To kick off the annual meeting event, the First District Medical Society will host a social on Thursday, October 3rd at the Blarney Stone, right next to the DoubleTree beginning at 5:30 p.m.

Spouses are welcome to attend.

Guests will gather in the Board Room where beverages and plentiful hors d' oeuvres will be served.

**Don't miss this opportunity to unwind, mingle and share a laugh or two.**

## Breakfast with the UND SMHS Dean: Serving North Dakota Today and Tomorrow

Friday, October 4, 7:30 a.m.



UND SMHS Dean Joshua Wynne, MD, MBA, MPH, is the University of North Dakota's vice president for health affairs and dean of the UND School of Medicine & Health Sciences. He was also appointed interim President of UND in June.

Wynne joined the UND School of Medicine & Health Sciences in 2004 and assumed his current leadership role in 2010. Under his direction, the School has intensified its focus on meeting the health care workforce needs of North Dakota. Dr. Wynne will provide an overview of changes happening at the School and review plans for the School's future, including the need for the continuing support of NDMA and its member physicians.

## Policy Forum

Friday, October 4, 8:15 a.m.

This year, instead of a House of Delegates Session, **NDMA leadership will review policy through a Policy Forum.** The forum, which is on a trial basis adopted at last year's annual meeting, is designed to get more interaction among NDMA membership. The Policy Forum will discuss and consider policy relevant to your physician practice and care of patients.

All NDMA members are **invited to submit policy issues prior to the annual meeting** and then encouraged to attend the Policy Forum and share in the process.

To introduce a policy issue, NDMA members are invited to submit policy issues by completing a **Policy Issue Form** and submitting it to NDMA no later than **Friday, September 20th by 5:00 pm (CT).**

The form can be located on our website: [www.ndmed.org](http://www.ndmed.org). If you need assistance contact NDMA at 701-223-9475.

NDMA leadership is excited for the opportunities this transition can bring. We encourage all NDMA members to attend the Policy Forum, which will begin immediately after the first session at 8:15 a.m. This is a great opportunity to learn more about policy issues.

## AMA Update: Physician Leadership In Shaping the Future of Medicine

Friday, October 4, 9:45 a.m.



Barbara L. McAneny, MD, a board-certified medical oncologist/hematologist from Albuquerque, New Mexico, became the 173rd president of the American Medical Association in June 2018 and now serves as past president. She has been a member of the AMA Board of Trustees since June 2010 serving as its chair in 2015-2016.

Dr. McAneny is a fellow and former member of the board of directors of the American Society of Clinical Oncology (ASCO) and is a past president of the following organizations: New Mexico Medical Society, the Greater Albuquerque Medical Association and the New Mexico chapter of the American College of Physicians. In addition, she has served as a member of the Community Oncology Alliance Board of Trustees and on the board of directors of the Cancer Center Business Summit. She became the delegate to the AMA from ASCO in 2002 and was elected to the AMA Council on Medical Service in 2003, serving as its chair in 2009-2010.

In her presentation, Dr. McAneny will update the audience on challenges facing physicians in the future of medicine and its impact on healthcare.

## BREAK 10:30 a.m. – 10:45 a.m.

**Show Your Support!** NDMA sponsors have gone above and beyond to support this event. Be sure to visit the booths to learn what's new and to thank them for their support.

## Clearing the Smoke: Provider Concerns and Medical Marijuana

Friday, October 4, 10:45 a.m.



Tracy Vigness Kolb, JD, is a lawyer at Meagher & Geer in Bismarck, North Dakota. She has been practicing law in North Dakota since 1995 in the private and public sector handling litigation, administrative and legislative matters and legal and regulatory compliance matters, particularly in the health care setting. Her private practice has been devoted primarily to litigation, mostly representing health care providers—hospitals, clinics, physicians, nurses, and long-term care facilities—and the defense of medical malpractice cases. Tracy has also represented providers in state regulatory licensing and disciplinary matters.

Since November 2016 when North Dakota voters approved the medical marijuana initiated measure, Tracy has been a frequent speaker before audiences of health care providers discussing and addressing the new law and the legal issues confronting providers. In her presentation, Tracy will describe the role of providers under North Dakota law and discuss the risks and legal issues raised by providers.

## Leadership Awards Recognition Luncheon • Friday, October 4, 12:30 p.m.

The Leadership Awards Recognition Luncheon will present the 2019 Physician Community and Professional Services Award. The award is recognized as North Dakota's most prestigious physician award and since its inception in 1977, has been awarded to forty-three distinguished physicians across the state.

Other awards presented will be the 2019 Friend of Medicine Award and a first-time ever award provided by COPIC - NDMA's

endorsed medical professional liability insurance provider. The COPIC Humanitarian Award will be presented to a physician for volunteer medical services and contributions to the community and provides a \$10,000 grant to a health-related nonprofit organization of the recipient's choosing.

In addition, physicians serving in the field of medicine for forty years will be recognized.

### Substance Misuse and Substance Use Disorders

Friday, October 4, 11:45 a.m.



Andrew McLean, MD, MPH, is a psychiatrist in Fargo, North Dakota. He received his Bachelor of Science degree in psychology and a Medical Degree from UND School of Medicine & Health Sciences. He completed his residency in Psychiatry at the University of Wisconsin Hospital and Clinics and is board certified by the American Board of Psychiatry and Neurology.

Dr. McLean serves as Clinical Professor and Chair of the UND School of Medicine & Health Sciences Department of Psychiatry and Behavioral Science.

In his 27 years of practice he has received numerous awards and honors, some of which include: American Psychiatric Association Bruno Lima Award (Outstanding Contributions to Disaster Psychiatry); UND SMHS Dean's Recognition Award for distinguished teaching of residents and medical students; and Health Care Professional of the Year - Metro Area Mayor's Committee on Employment of People with Disabilities.

Dr. McLean will describe the general criteria used in diagnosing substance use disorders and have participants understand the impact of substance misuse and substance use disorders on individual and population health.

### Asthma Treatment: Standard Therapy, Biologics Bronchial Thermoplasty & Beyond

Friday, October 4, 2:00 p.m.



Karol Kremens, MD, FCCP, is a pulmonologist in Fargo and is affiliated with Essentia Health-Fargo. Graduating with honors, he received his medical degree from Wroclaw Medical University in Poland and then completed residency at Norwalk Hospital, Norwalk, Connecticut. He specializes in General Pulmonary Medicine, Asthma and COPD, Critical

Care Medicine and Interventional Pulmonology and has been in practice for 15 years. He is certified by the American Board of Internal Medicine in internal medicine, pulmonary disease and critical care medicine.

In 2019, Dr. Kremens was awarded the UND School of Medicine & Health Sciences Dean's Special Recognition Award for Outstanding Volunteer Faculty.

Dr. Kremens will share with his audience the topic of asthma treatment. He will cover standard therapy, biologics, bronchial thermoplasty and beyond. The presentation will have participants become familiar with standard stepped approaches to asthma, as well as the therapies for moderate and severe asthma not controlled with standard therapy, along with indications and contraindications.

### Acute Stroke Update

Friday, October 4, 2:45 p.m.



Paulina Kunecka, MD, is a neurologist in Fargo, North Dakota and is affiliated with Essentia Health-Fargo. She received her medical degree from Wroclaw Medical University, completed residency at Norwalk Hospital, Norwalk, Connecticut and a fellowship at the University of Minnesota, Minneapolis, Minnesota. She is board certified by the American Board of Internal

Medicine in internal medicine; the American Board of Psychiatry and Neurology in neurology and epilepsy.

Dr. Kunecka's presentation focuses on being able to recognize signs and symptoms of stroke and review of eligibility for intravenous injection of tissue plasminogen activator (tPA) in acute ischemic stroke.

### Planning and Publishing Clinical and Translational Research

Friday, October 4, 3:30 p.m.



Marc Basson, MD, PhD, MBA, UND School of Medicine & Health Sciences Senior Associate Dean for Medicine and Research and Director of DaCCoTA Cancer Research Consortium, is a board-certified surgeon by the American Board of Surgery. He is also affiliated as a surgeon through Altru Health System in Grand Forks.

Dr. Basson specializes in clinical and research efforts related to medical students, residents and practicing physicians and holds the title of professor for the Health Sciences for the Biomedical Sciences and Surgery programs.

He received his Medical Degree at the University of Michigan, Ann Arbor, Michigan where he also received his education in Philosophy of Medicine, Biomedical Science, and Experimental Pathology, PhD. He completed his residency for general surgery in several locations: Columbia Presbyterian, New York, New York; Down State Medical School, Brooklyn, New York; and St. Mary's Hospital, Waterbury, Connecticut.

This session aims to have participants understand what makes a good research question and how to turn a good research project into a published manuscript.

## Adjourn

**Friday, October 4, 5:00 p.m.**

## Continuing Medical Education

This activity has been planned and implemented in accordance with the American College of Physicians, accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Learning Objectives:

At the conclusion of this activity, the participant will be able to:

- Describe the general criteria used in diagnosing substance use disorders and understand the impact of substance misuse and substance use disorders on individual and population health.
- Be familiar with standard stepped approach to asthma, as well as the therapies for moderate and severe asthma not controlled with standard therapy, along with indications and contraindications.
- Recognize signs and symptoms of stroke and review of eligibility for intravenous TPA in acute ischemic stroke.
- Describe the role of providers under ND law regarding medical marijuana and discuss the risks and legal issues raised for providers under the law.

## NDMA Slate of Officers

This year, the 2019-20 election of officers *will be held prior to the annual meeting through an online election process*. This approach allows more NDMA members an opportunity to participate in the election process.

This year's slate of officers includes the election of a Policy Forum Chair and temporarily suspends the Speaker of the House leadership role.

In September, NDMA members will receive a ballot via email to vote on the following slate of officers:



**PRESIDENT**  
Misty K. Anderson, DO  
Valley City, ND  
Nominated by  
5th District Medical Society



**VICE PRESIDENT**  
Joshua C. Ranum, MD  
Hettinger, ND  
Nominated by  
11th District Medical Society



**POLICY FORUM CHAIR**  
Stephanie K. Dahl, MD  
Fargo, ND  
Nominated by  
1st District Medical Society



**SECRETARY-TREASURER**  
David F. Schmitz, MD  
Grand Forks, ND  
Nominated by  
3rd District Medical Society



**AMA Delegate**  
Shari L. Orser, MD  
Bismarck, ND  
Nominated by  
6th District Medical Society



**AMA Alternate Delegate**  
Michael A. Booth, MD  
Bismarck, ND  
Nominated by  
6th District Medical Society

# Register Today!

Complete the form or register online at [ndmed.org](http://ndmed.org)



## Lodging

A block of rooms has been reserved for Thursday, October 3rd, at the DoubleTree by Hilton located at 825 E. Beaton Drive, West Fargo, ND, at the low rate of \$114.00 US, plus tax.

When making your reservation, be sure to mention that you will be attending the NDMA/ACP North Dakota Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 701-551-0120 or using the reservation link below.

**Cancellation policy:** 24 hours before the day of arrival.

**Reservation link:** <https://doubletree.hilton.com/en/dt/groups/personalized/B/BISWFDT-NDM-20191003/index.jhtml>

DoubleTree by Hilton Hotel  
825 E. Beaton Dr.  
West Fargo, ND 58078



## Annual Meeting Registration Form

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Organization \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Guest(s) First/Last Name \_\_\_\_\_

**Registration Fee: \$50** - includes the Friday conference day breakfast, lunch and educational credit costs. Please indicate below which events you will be attending. *If you choose to participate in only the Policy Forum session, there is no registration fee.*

\_\_\_\_\_ Number attending Thursday, October 3 evening NDMA Social

\_\_\_\_\_ Number attending Friday, October 4 breakfast

\_\_\_\_\_ Number attending Friday, October 4 educational program

\_\_\_\_\_ Number attending Friday, October 4 luncheon

\_\_\_\_\_ I will ONLY attend the Policy Forum

I wish to contribute to the NDMA PAC (Suggested donation \$200) \$ \_\_\_\_\_

\_\_\_\_\_ Number attending annual meeting @ \$50 per person \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

**CONFERENCE CANCELLATION POLICY:** No refunds after October 1, 2019.

Please mail this form along with payment no later than September 30, 2019 to:

NDMA, 1622 E. Interstate Ave., Bismarck, ND 58503-0512

Fax credit card orders to: NDMA at 701-223-9476 \_\_\_ Master Card \_\_\_ Visa \_\_\_ American Express

Name on credit card (please print) \_\_\_\_\_

Card Number \_\_\_\_\_ CSC \_\_\_\_\_

Expiration Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Phone \_\_\_\_\_

3 digit code/  
Am. Express 4 digits  
on front of card

Signature \_\_\_\_\_ Zip Code \_\_\_\_\_

# SPONSORS

On behalf of NDMA and its leadership, we express our sincere gratitude for the following generous sponsors to our 2019 Annual Meeting. Please take the time to visit the booths, learn what's new and thank them for their support.

